

Kindness Along the Way



Flora & Fern
Teaching notes



SYNOPSIS

Flora and Fern are having a great time playing hide-and-seek in the woods with their friends. When Fern gets lost and eventually finds himself in the BIG City ... will he know what to do and how to find his way home again?

The second enchanting book in the series with favourites Flora & Fern as they go on adventures and discover kindness along the way.

ABOUT THE AUTHOR

Sarah Ferguson, Duchess of York is a Sunday Times and New York Times best-selling author, award-winning producer, philanthropist, creative founder and public speaker. For over 30 years, she has been committed to being a voice and ambassador for undeserved women, children and communities around the world. Passionate about literacy and storytelling, she has published over 70 books, including children's stories. *Budgie the Little Helicopter* was adapted into a highly successful animated series on US Primetime Fox, and *Tea for Ruby* debuted at the top of the New York Times bestseller list. Storytime with Fergie and Friends, her YouTube show, has received over 20 million views, and Sarah was recently given the 'Special Recognition of Services to Storytelling' Award by the Montessori Group. The Duchess is mother to Princess Beatrice and Princess Eugenie of York and is a grandmother five times over. Known as 'Super Gran' for her passionate dedication to the hearts of children all over the world, she lives in Windsor with five Norfolk terriers and two corgis.

ABOUT THE ILLUSTRATOR

Denise studied Fine Art at Winchester School of Art. Soon after graduating, she began her career in illustration. Her work is character driven and combines both digital and traditional drawing methods. Denise loves to illustrate full-colour picture books and board books. A perfect project would be one that includes playful characters and lots of hand-drawn patterns and textures. Denise has worked with worldwide publishing companies, including Penguin Random House, Little Tiger Press, New Frontier, Hachette, Scholastic, Bloomsbury and Zonderkidz. Denise works from her shared studio in Hampshire.

EDUCATIONAL APPLICABILITY

Flora & Fern Kindness along the Way is the second book in the Flora & Fern series, following on from *Flora & Fern Wonder in the Woods*. This time the reader is taken on an exciting adventure when Fern gets lost and ends up in the city, miles from his woodland home. How does he feel and how does he cope? The story explores different settings and homes and encounters plenty of kindness along the way. A heartwarming tale about feeling lost and feeling found with all the characters from the first book plus a new one! The Duchess's carrot cake breakfast muffins are a real treat at the end.



Written by
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Illustrated by
Denise Hughes

Published by
New Frontier Publishing

Please share your work with us on
Instagram @newfrontierpublishinguk



DISCUSSION TOPICS

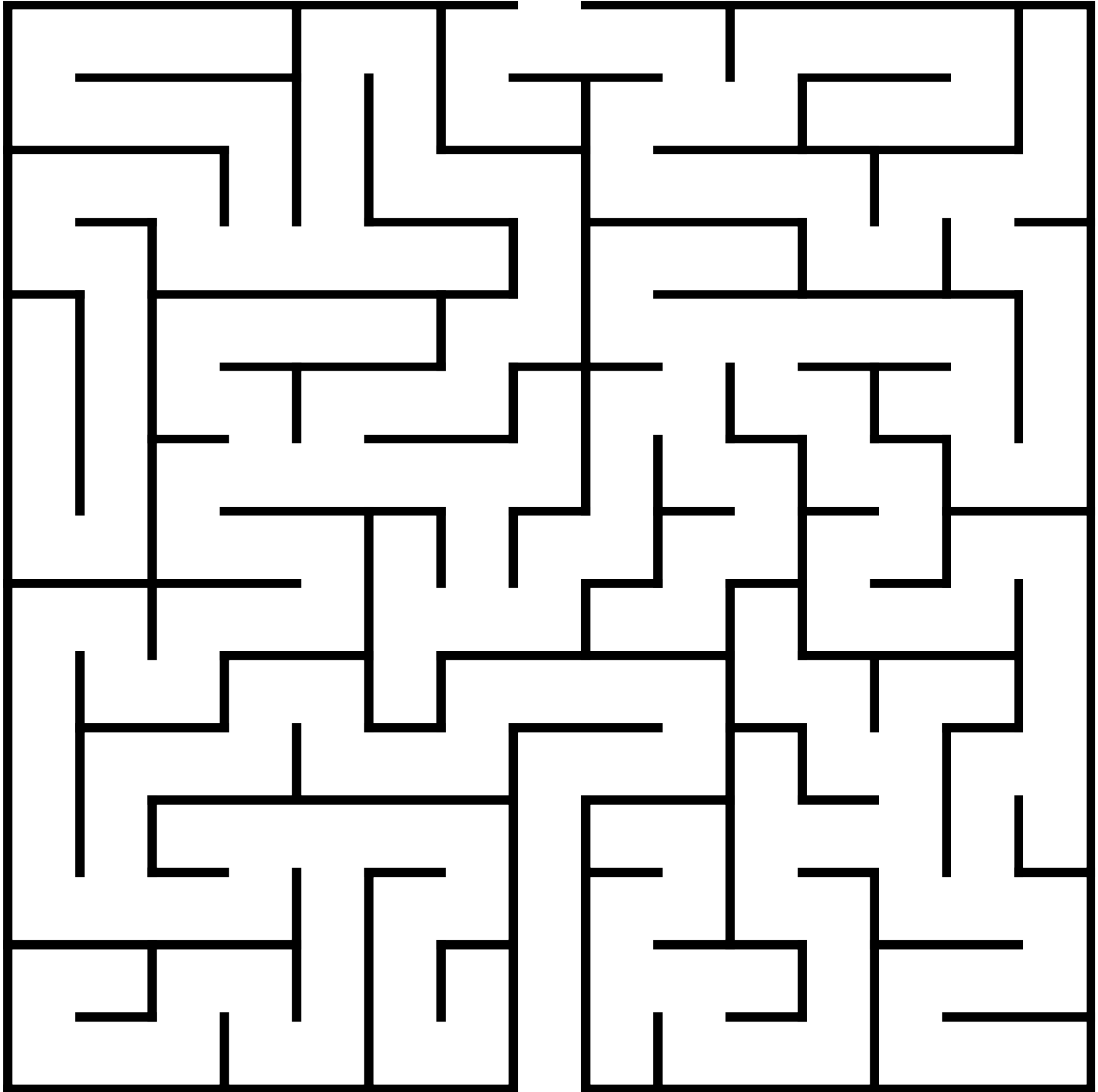
Before, during and after reading the book

1. Introduce *Flora & Fern Kindness along the Way* to the children and ask them what they think the story might be about.
2. Ask the children if they've read the first book, *Flora & Fern Wonder in the Woods*.
3. Flora & Fern are playing their favourite game at the beginning of the story. What is it? Do you like this game? What other games do you like playing?
4. Why does Fern initially enjoy having time to himself?
5. How does he feel when he realises he's wandered off too far? (Discuss emotions here – frightened but also excited when he sees the city lights.)
6. How is the city different to the woods? Name 10 differences. Are there any similarities?
7. How is Flora feeling and also all the other woodland animals?
8. What's Baz's plan?
9. Who is Nigel? What sort of character is he? How does he show kindness?
10. Describe Nigel's home in detail. (This could be a good starting point to discuss upcycling/recycling.)
11. Does Baz's plan work?
12. What does Flora tell Fern about home and feeling lost and found?
13. After reading the book, ask them what they thought of the story. Which was their favourite part and why?

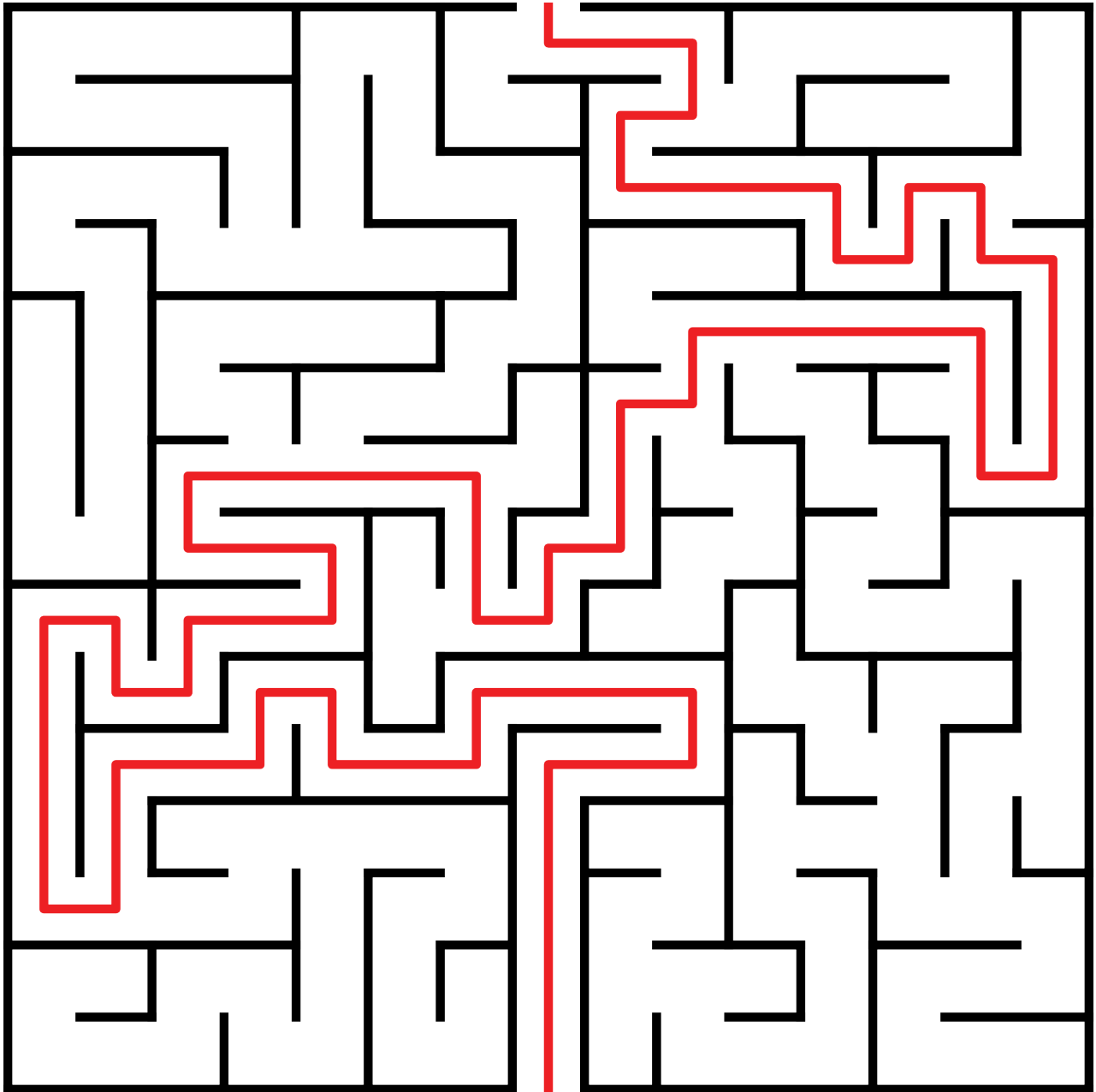


A-MAZE-ING BIRDS

Can you help the birds find Fern?



SOLUTION TO A-MAZE-ING BIRDS



KINDNESS ALONG THE WAY WORDEARCH

Find all the words below in the *Flora & Fern Kindness along the Way* wordsearch.

Name:

Class:

Date:

word search

FLORA & FERN KINDNESS ALONG THE WAY

E	S	O	T	T	E	R	S	S	E	N	E
M	U	F	F	I	N	S	I	K	R	P	U
O	G	R	C	R	E	T	A	E	N	A	T
H	U	I	I	N	W	B	F	E	I	F	C
S	T	E	D	O	H	U	C	S	B	L	O
Y	S	N	O	E	G	I	P	D	O	O	W
T	I	D	E	L	M	L	M	N	R	R	H
K	S	S	D	C	O	D	Q	A	B	A	Z
L	O	H	N	Y	N	I	G	E	L	I	H
T	L	I	U	C	G	N	A	D	O	J	S
N	E	P	O	P	M	G	S	I	S	R	R
R	H	R	F	U	R	S	T	H	T	O	N



BAZ
BUILDINGS
CARS
CITY
FERN
FLORA
FOUND

FRIENDSHIP
HIDEANDSEEK
HOME
KINDNESS
LOST
MICE
MUFFINS

NIGEL
OTTERS
ROBIN
UPCYCLE
WOODPIGEONS
WOODS



Answer Sheet
word search

FLORA & FERN KINDNESS ALONG THE WAY

E	S	O	T	T	E	R	S	S	E	N	E
M	U	F	F	I	N	S	I	K	R	P	U
O	G	R	C	R	E	T	A	E	N	A	T
H	U	I	I	N	W	B	F	E	I	F	C
S	T	E	D	O	H	U	C	S	B	L	O
Y	S	N	O	E	G	I	P	D	O	O	W
T	I	D	E	L	M	L	M	N	R	R	H
K	S	S	D	C	O	D	Q	A	B	A	Z
L	O	H	N	Y	N	I	G	E	L	I	H
T	L	I	U	C	G	N	A	D	O	J	S
N	E	P	O	P	M	G	S	I	S	R	R
R	H	R	F	U	R	S	T	H	T	O	N

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HOME SWEET HOME DRAWING ACTIVITY

Nigel invites Fern to his home. Have a go at drawing your home. What do you like about it? What are your favourite corners/rooms?



KINDNESS POEM

Have a go at making up an acrostic poem about being kind and all the things you can do to show kindness using the word, KINDNESS.

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The Duchess's Carrot Cake Muffins

Make these delicious
carrot cake muffins
for breakfast!



Ingredients (makes 12/14 muffins)

- 250g self-raising flour
- 1 tsp bicarbonate of soda
- 175g light brown sugar
- 1 tsp ground cinnamon
- 1 tsp nutmeg (grated)
- Pinch of salt
- 150ml rapeseed oil
- 175ml milk
- 2 eggs
- 1 tsp vanilla extract
- 150g grated carrots
- 100g raisins
- 1 tbsp juice of an orange

Method

1. Preheat the oven to 180C/160C Fan. Place the muffin cases into a muffin tray and leave them to one side. A cupcake tray with cupcake cases is fine if you don't have a muffin tray.
2. Mix the flour, bicarbonate of soda, sugar, cinnamon and nutmeg in a bowl. Add in a pinch of salt.
3. In another bowl, mix the oil, milk, eggs and vanilla extract. Then add these ingredients to the first bowl. Keep mixing until the mixture is smooth.
4. With a spatula, fold in the grated carrot, raisins and orange juice.
5. Spoon the mixture into the muffin/cupcake cases.
6. Bake in the oven for approximately 25-30 minutes. You can test if they are ready by putting a knife or skewer into a muffin and see if it comes out clean. If there is mixture on the knife, pop them back into the oven for a couple of minutes.
7. When they are ready, leave them to cool in the muffin tray for 30 minutes before moving them to a wire rack.
8. If you want to decorate them, you can always make a cream cheese frosting to put on the top. Flora and Fern prefer them as they are though!





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